

Botox – Post-Procedure Instructions

General Care After Surgery

- You may experience some minor swelling and/or bruising around your injection sites.
- It can take a few days for the Botox to start working, and it may be 1-2 weeks before you obtain your final results.
- Avoid massaging your injection sites for 48 hours.
- Makeup can be worn immediately after your procedure.
- Showering is ok immediately post procedure.
- Non-prescription pain medication can be taken after your injections if necessary. Unless there are contraindications, I generally recommend 2 extra-strength Tylenol, but only if required.

Follow Up Care

- Please contact our office and let us know how you are doing. If you can, come see Dr. McInnes in person or send us a photo as we like to check in with our patients.
- If you have any concerns about your results, please contact our office.
- Botox typically lasts for 3-5 months. Plan ahead and schedule your next injection early to ensure appointment availability.

Weekday Care (8 am to 5 pm)

- For general inquiries/questions, email office@doctorm.ca or call the office (for more concerning issues call the office).

Contact

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- office@doctorm.ca
- 604-515-8847
- www.doctorm.ca